

Kako spriječiti širenje COVID-19?



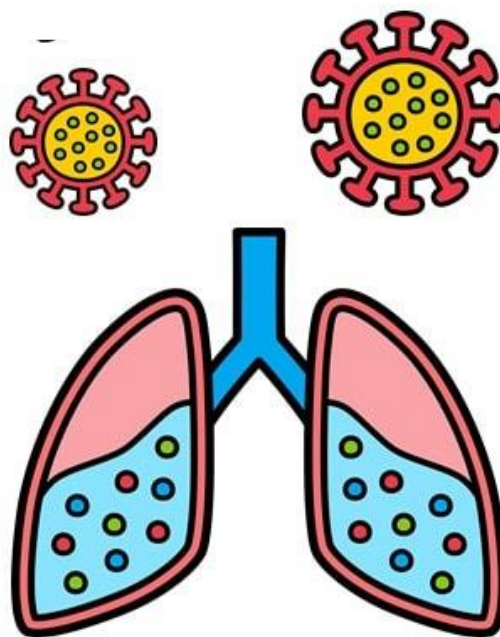
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Što je to Koronavirus?

COVID-19, poznat kao i Koronavirus,
je virus sličan gripi. Može izazvati
infekciju nosa, grla i pluća.

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Škole diljem svijeta su
zatvorene kako bi se
spriječilo širenje virusa
Covid-19.



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Ali ti i dalje možeš učiti.
U ovoj knjizi možeš naučiti
kako zaštititi sebe i druge od
Koronavirusa.



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Redovito peri
ruke.



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Nemoj se rukovati.



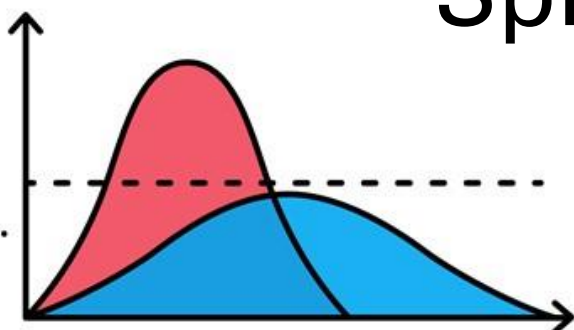
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Ostani kod kuće.



Spriječi širenje virusa.



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Prekrij usta kada
kašlješ ili kišeš.

Zatim
operi ruke.



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Kada obrišeš nos baci papirnatu maramicu u kantu za otpatke koja ima poklopac.

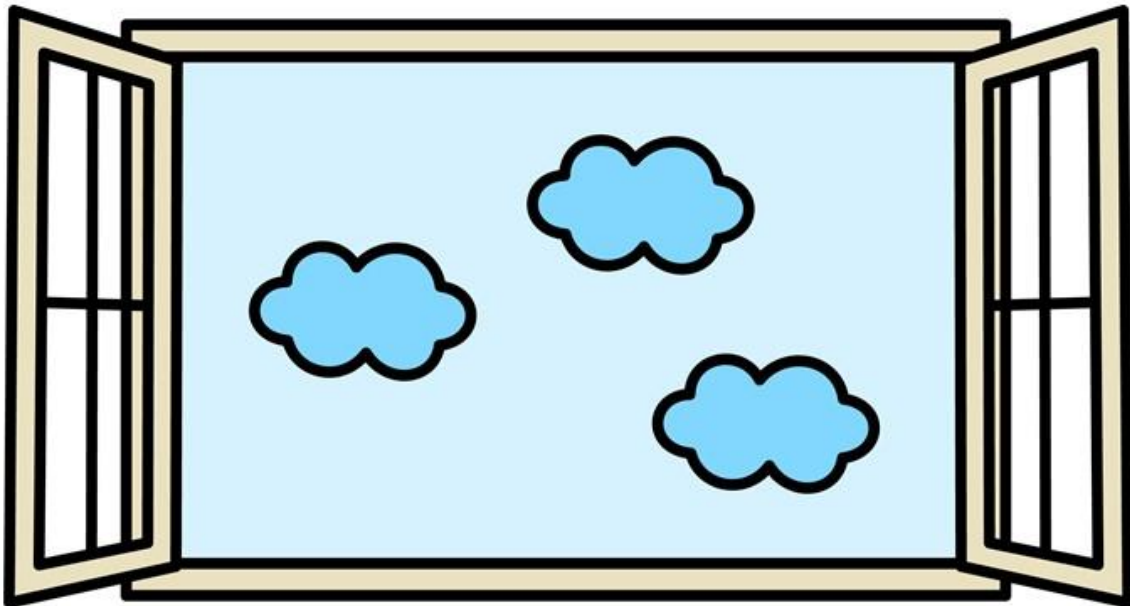


Nakon toga operi ruke.



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Redovito prozračiti
prostor u kojem boraviš.



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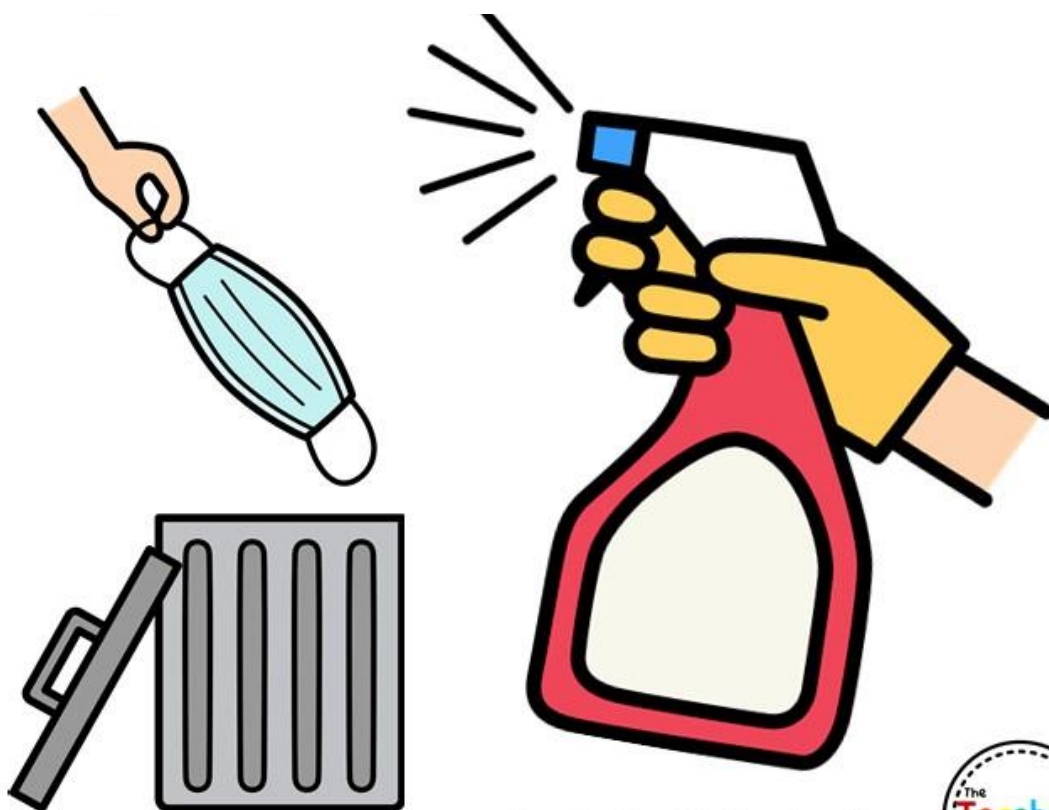
Drži razmak.



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Prebriši površine koje se često dotiču rukama sa sredstvom za dezinfekciju površina.



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Ne vjeruj svemu što čuješ i
vidiš na internetu.



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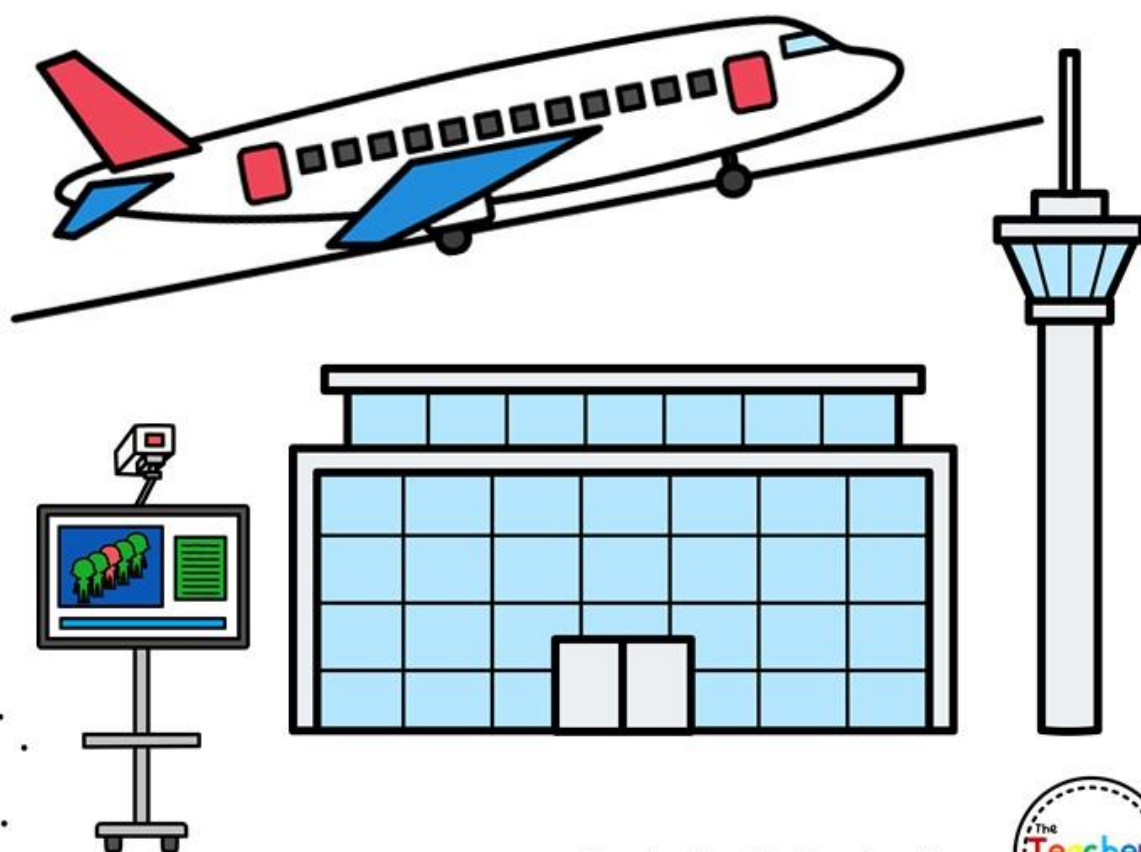
Nosi masku.



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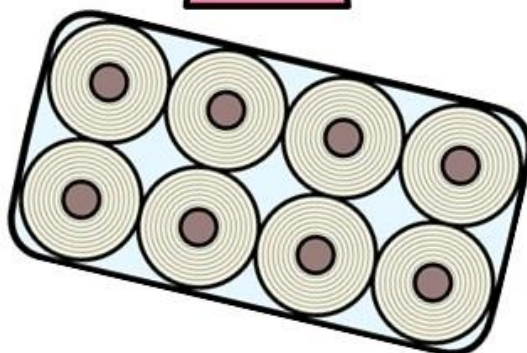
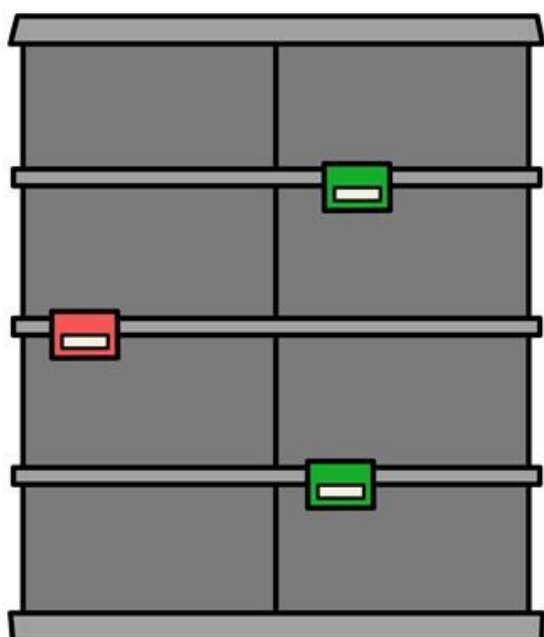
Otkazi sva putovanja.
Najsigurnije je kod kuće.



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Ne stvaraj zalihe.
Misli na druge.



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Jedi samo termički obrađenu hranu.

Nemoj jesti
sirovo meso.



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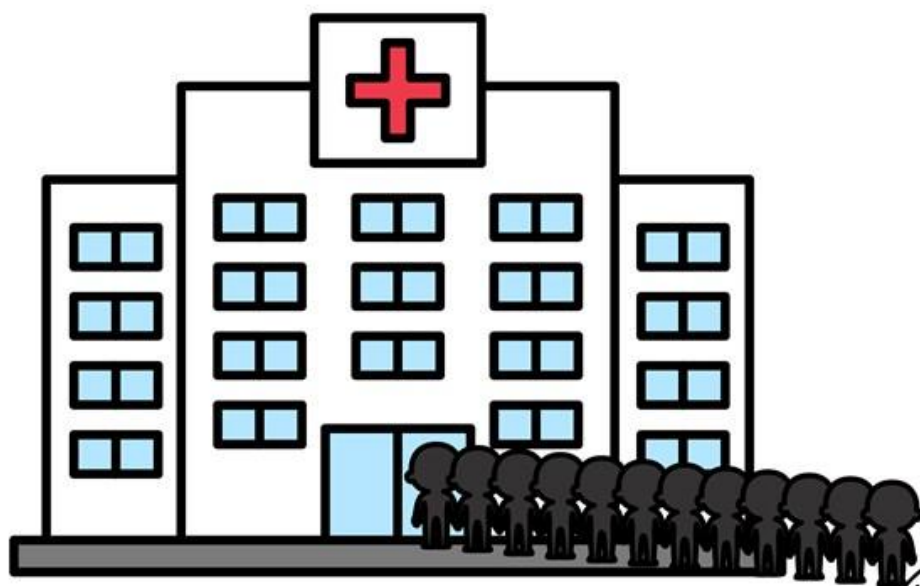


Nemoj izlaziti iz kuće
ukoliko se osjećaš
bolesno.



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Ostani kod kuće i javi
se telefonom
nadležnom liječniku
obiteljske medicine.



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Zapamti,
sve je u tvojim rukama



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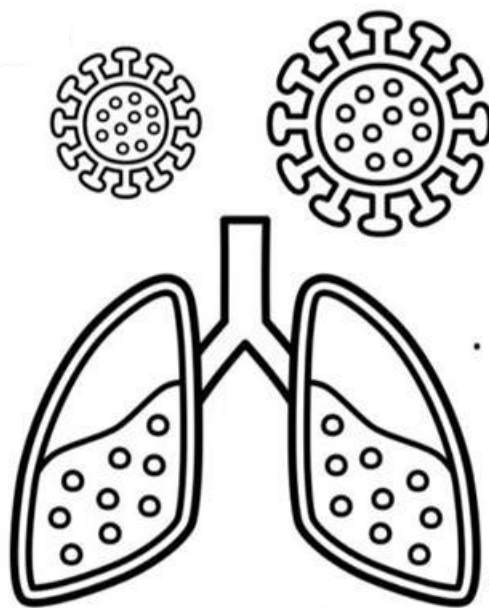


KAKO SPRIJEČITI ŠIRENJE KORONAVIRUSA?



ŠTO JE TO KORONAVIRUS?

COVID-19, POZNAT KAO I KORONAVIRUS,
JE VIRUS SLIČAN GRIPI. MOŽE IZAZVATI
INFEKCIJU NOSA, GRILA I PLUĆA.



REDOVITO PERI
RUKE.



KADA OBRIŠEŠ NOS BACI
PAPIRNATU MARAMICU U KANTU
ZA OTPATKE KOJA IMA POKLOPAC.



ZATIM
OPERI
RUKE.

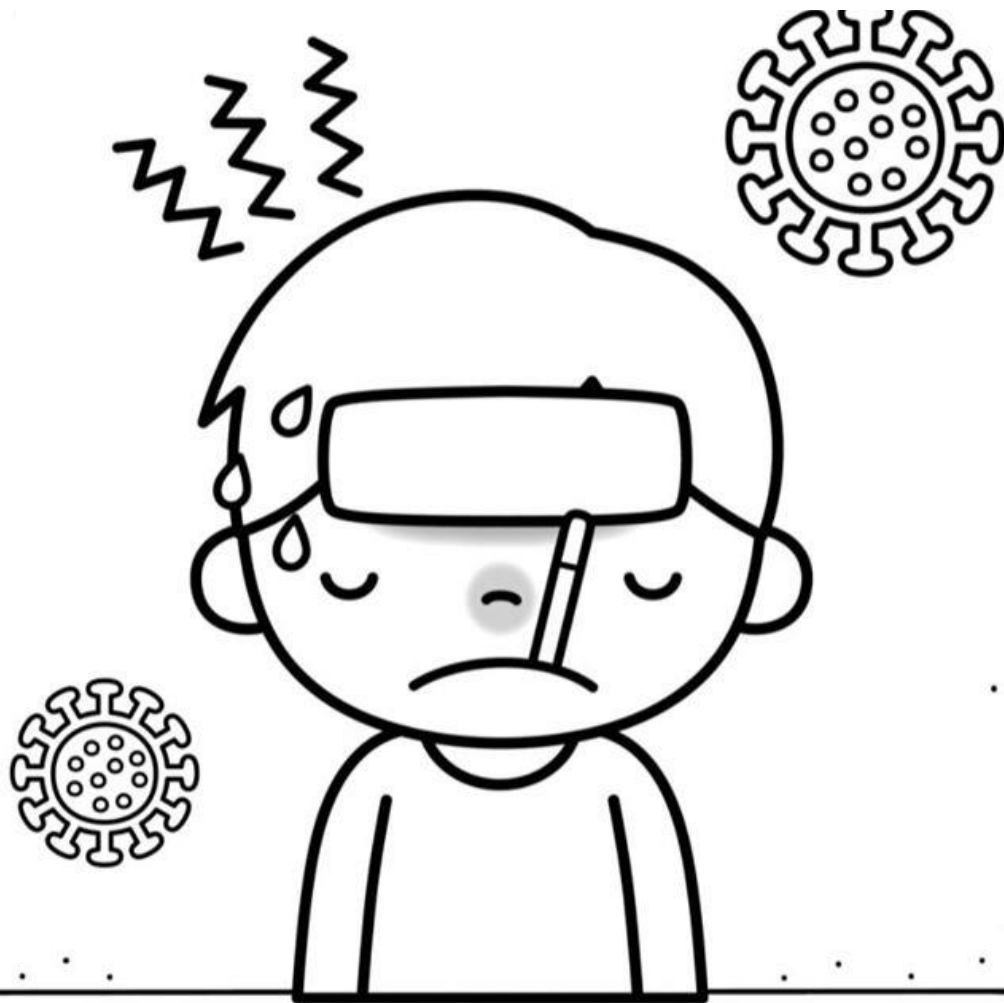


PREKRIJ USTA
KADA KAŠLJEŠ
ILI KIŠEŠ.



ZATIM OPERI RUKE.

NEMOJ IZLAZITI IZ KUĆE
AKO SE OSJEĆAŠ BOLESNO



OSTANI KOD KUĆE I
IZBJEĞAVAJ JAVNE PROSTORE.



NA KOJI NAČIN MOŽEŠ
ZAŠTITITI SEBE I DRUGE
OD KORONAVIRUSA?



SVE O COVID-19/ CORONAVIRUS

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IME:

KAKO SE VIRUŠ ŠIRI?

KOD KOGA SE ČEŠĆE
JAVLJAJU
KOMPLIKACIJE?

NAPRAVI LISTU STVARI
KOJU BI TREBAO IMATI
UKOLIKO ZATVORE SVE
DUĆANE.



ZNAČENJE RIJEČI

- KARANTENA
- SOCIJALNI RAZMAK
- ŠIRENJE KROZ ZAJEDNICU
- STIGMA
- UPALA PLUĆA

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ŠTO NAPRAVITI
AKO SE RAZBOLIŠ?

